

EMPLOYMENT OPPORTUNITY

Mental Health Counsellor

Full time – 1 yr contract (35 hrs/week)

Salary range: \$32-\$34/hr

The Mental Health Counsellor will provide accessible, youth-centred counselling services at the North Simcoe Youth Wellness Hub (NSYWH), supporting youth ages 12–25 through individual counselling, therapeutic groups, and workshops. Services will be delivered both within the Hub and in school and community settings to help meet youth where they are.

Working as part of a collaborative and multidisciplinary team, the counsellor will work closely with NSYWH staff and community partners to respond to the diverse needs of young people. The role will provide evidence-informed, strengths-based support while fostering a safe, welcoming, inclusive, and affirming environment for youth of all backgrounds, identities, and experiences.

This position is delivered through a collaborative partnership between CFS Counselling + Wellbeing and the North Simcoe Youth Wellness Hub, supporting an integrated approach to youth mental health and wellbeing.

Key Responsibilities

- Provide single-session and multi-session counselling to youth accessing the Hub, supporting them to identify goals and develop practical strategies and tools to address concerns such as anxiety, stress, family or relationship challenges, school-related concerns, and other mental health and wellbeing needs.
- Conduct initial assessments to identify youth needs, strengths, goals, and appropriate supports, providing warm referrals and connections to community resources or ongoing services when needed.
- Collaborate with NSYWH team members, community partners, schools, and other service providers to support coordinated, youth-centred care and seamless access to services.
- Maintain timely, accurate, and confidential client documentation in accordance with organizational policies and applicable professional, ethical, and legal standards.

Qualifications

- Master's or Bachelor's degree required in a related clinical discipline (e.g., M.A. Counselling, M.Sc. Couples and Family Therapy, Master of Social Work, or M.A. Psychology)

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- Membership with the Ontario College of Registered Psychotherapists of Ontario or the Ontario College of Social Workers and Social Service Workers, and a relevant professional association*, if applicable (e.g., AAMFT/OAMFT, CCPA, OACCPP, etc.).
*CRPO Registered Psychotherapist (Qualifying) will be considered providing candidate has external supervision for the required supervision hours remaining.
- Working knowledge of relevant provincial legislation (e.g., Mental Health Act, Child and Family Services Act) pertaining to services provided by the agency
- Knowledge/experience working with evidence-based frameworks (e.g., CBT, DBT, Mindfulness) is considered an asset
- Experience working with, and extensive knowledge of local community service agencies
- Demonstrate diplomacy and negotiation skills in client and system advocacy
- Excellent interpersonal, oral, and written communication skills
- Proven ability to work as a team member
- Demonstrated ability to exercise sound judgement and decision-making skills
- Proficiency with Microsoft Office programs, Internet research and database systems
- Ability to provide services in a second language (in addition to English) is an asset
- Valid driver's licence and access to a reliable vehicle

About CFS

CFS Counselling + Wellbeing (CFS) is an accredited registered Canadian charity providing inclusive counselling, psychotherapy, and psycho-educational wellness programming via a mixed in-person and virtual delivery model. CFS is committed to professional services that reduce emotional distress, enhance personal wellbeing, and strengthen relationships.

Programs are available to everyone living and working in Simcoe County and the District of Muskoka. We strive to be inclusive of persons of all abilities, religion, cultures, sexual orientation, and gender identity.

A Workplace of Excellence

CFS has a 45+ year history of community service. We are a Living Wage employer and a member of Family Service Ontario. The CFS team is committed to ensuring everyone in our community has access to the highest standards of professional care in an inclusive, spacer space. We are proud that our clients consistently rate their satisfaction with our services at higher than 95%.

In a recent community consultation of our most engaged stakeholders – including staff, 91% gave us 4 or 5 stars (out of 5) for excellence in engagement.



As a full-time member of our staff, you will benefit from:

- Family-friendly policies and flexible work arrangements
- A focus on employee wellbeing with paid staff appreciation and retreat days
- Annual budgets for paid professional development and education opportunities
- Vacation and paid sick-day entitlements well above industry average

Interested?

If you're qualified and interested in joining our great team, we're interested in learning more about you.

Please submit cover letter and résumé by October 21, 2025, at 5 p.m. to:

Natasha Maonzone, Transition Aged Youth Lead
Nmanzone@cfssc.ca

We thank everyone for their application, however, only those selected for an interview will be contacted. Should you require accommodation at any point in the application process, please let us know.

