

Free help is available for Male Survivors of Sexual Abuse

Don't suffer in silence when no-cost help is available.

There are thousands of male survivors living in communities across Ontario. They come from every community, background, and lifestyle. Services for male survivors can help you to deal with the impact of unwanted sexual experiences, whether recent or from years ago.

For program details, visit
<https://tinyurl.com/4m5vmc5n>
or scan the QR code below.



What can I expect?

- Professional & confidential counselling services are provided free of charge to boys and men who have experienced unwanted sexual encounters.
- Counsellors who are specially trained.
- Non-judgemental & inclusive services.

How to access support:

Step #1

Attend a CFS counselling clinic (walk-in or by appointment).

Step #2

Tell Client Care, you want the Male Survivors program.

Males aged 16 and over are eligible for:

- Individual counselling (in-person/virtual).
- 8 counselling sessions.
- Referrals to other community supports.