

## EMPLOYMENT OPPORTUNITY

### Social Worker/Psychotherapist

5 days a week (35 hrs/week)

6-month Contract (with possibility of renewal)

Under the direction of the Clinical Manager, this position will provide:

- **Single-Session Counselling:** Provide evidence-based, solution-focused, single-session counselling to individuals, couples, and families at CFS's #ready2talk? Counselling Clinic.
- **Multi-Session Psychotherapy:** Provide evidence-based, comprehensive multi-session psychotherapy to individuals, couples, and families. Tailor interventions using a variety of therapeutic modalities, including Cognitive Behavioral Therapy (CBT), Emotion-Focused Therapy (EFT), Solution-Focused Brief Therapy (SFBT), and other evidence-based practices. Conduct thorough assessments to develop personalized treatment plans that address complex emotional, relational, and mental health issues. Facilitate ongoing therapeutic relationships that promote long-term healing, personal growth, and improved mental health outcomes. Work collaboratively with clients to set therapeutic goals, monitor progress, and adjust treatment approaches as needed to ensure optimal outcomes.
- **EAP Services:** Provide evidence-based psychotherapy under the Employee Assistance Program (EAP), addressing workplace-related challenges, stress, and mental health concerns.
- **Referrals and Service Coordination:** Facilitate appropriate referrals to internal and/or external services as warranted, ensuring seamless care and access to specialized resources.
- **Client Outcome Measures:** Administer and track client outcome measures to assess treatment effectiveness and contribute to the evaluation and continuous improvement of services.

### Qualifications

- Master or Bachelor required in a related clinical discipline (e.g., M.A. Counselling, M.Sc. Couples and Family Therapy, Master of Social Work, M.A. Psychology)
- Membership with the Ontario College of Registered Psychotherapists of Ontario or the Ontario College of Social Workers and Social Service Workers, and a relevant professional association if applicable (e.g., AAMFT/OAMFT, CCPA, OACCPP...). CRPO Registered Psychotherapist (Qualifying) will be considered providing candidate has external supervision for the needed supervision hours remaining
- Minimum 5 years clinical experience in individual, couple, and family counselling
- Experience providing counselling and psychotherapy within a brief clinical delivery framework

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- Effective clinical formulation and intervention skills with commitment to best practice standards, and a strength-based and anti-oppressive approach
- Extensive knowledge and demonstrated experience in delivering individual, couple, and family interventions, including Family Systems, Cognitive Behavioral Therapy (CBT), Solution-Focused Therapy, and Emotion-Focused Therapy (EFT). Candidates must be skilled in applying these evidence-based approaches to address complex clinical needs.
- Excellent communication skills, both oral and written
- Strong interpersonal skills including a demonstrated ability to work both as a member of a team as well as independently.
- Accurate and timely documentation, meeting professional/organizational standards
- Must be highly organized and have consistent habits in regard to client scheduling, completion of clinical documentation, and completion and submission of required Human Resources documentation
- Ability to provide services in a second language (in addition to English) will be considered an asset
- Must be able to work one evening per week
- Valid Ontario driver's licence and access to reliable vehicle; travel is required

**Please note: only those who have experience providing psychotherapy to couples and families will be selected for an interview.**

## About CFS

CFS Counselling + Wellbeing (CFS) is an accredited registered Canadian charity providing inclusive counselling, psychotherapy, and psycho-educational wellness programming via a mixed in-person and virtual delivery model. CFS is committed to professional services that reduce emotional distress, enhance personal well-being, and strengthen relationships.

Programs are available to everyone living and working in Simcoe County and the District of Muskoka. We strive to be inclusive of persons of all abilities, religion, cultures, sexual orientation, and gender identity.

## A Workplace of Excellence

The CFS team is committed to ensuring everyone in our community has access to the highest standards of professional care. We are proud that our clients consistently rate their satisfaction with our services at more than 95%.

In a recent community consultation of our most engaged stakeholders – including staff, 91% gave us 4 or 5 stars (out of 5) for excellence in engagement.

As a full-time member of our staff, you will benefit from:

- Family-friendly policies and flexible work arrangements
- A focus on employee well-being with paid staff appreciation and retreat days



- Annual budgets for paid professional development and education opportunities
- Defined benefit pension and health plans similar to public sector plans

## Interested?

If you're qualified and interested in joining our great team, we're interested in learning more about you.

**Please submit cover letter and résumé by Friday, September 26 to:**

**Catherine Cilia, MSW, RSW, CFSSC Clinical Manager**  
[ccilia@cfssc.ca](mailto:ccilia@cfssc.ca)

We thank everyone for their application, however, only those selected for an interview will be contacted. Should you require accommodation at any step in the application process, please let us know.

