



EMPLOYMENT OPPORTUNITY

Ontario Structured Psychotherapy Clinician

5 days a week (includes one evening)

Hourly Salary Range: \$32.78-\$42.82

In collaboration with Waypoint Centre for Mental Health Care, the Ontario Structured Psychotherapy (OSP) program provides individuals with publicly funded, evidence-based, Cognitive-Behavioural Therapy (CBT) and related approaches to help manage depression, anxiety, and anxiety-related conditions. CBT is a structured, time-limited therapy that is problem-focused and goal-oriented and teaches practical strategies and skills.

Under the direction of the Clinical Manager, the OSP Clinician will:

- Conduct assessments (PHQ-9, GAD-7) to inform individualized treatment plans
- Provide individual and group Cognitive Behavioral Therapy (CBT) utilizing evidence-based approaches
- Participate in clinical consultation meetings with a consulting psychologist
- Maintain accurate and timely documentation and reports
- Collaborate with team members in provision of care
- Contribute to program development and program evaluation

Qualifications

- Registered in the province of Ontario as a member in good standing with the appropriate college and eligible to provide psychotherapy as either a Social Worker, or registered Psychotherapist
- Master's degree is preferred
- Minimum 3 years of experience in the delivery of CBT is preferred; documented evidence of CBT training with adequate supervision is preferred
- Demonstrated experience and knowledge of treatment of depressive and anxiety-related symptoms as well as CBT and its application to mood and anxiety conditions
- Results-oriented work ethic to work independently and undertake tasks needed to accomplish work objectives and deliver quality, consistent and timely results
- Strong assessment skills to deliver and interpret symptom and outcome measures
- Demonstrated analytical, interpersonal, time management and organizational skills
- Proven written and verbal communication skills
- Proven ability to adapt readily to change
- Models and promotes core ethical practice, organization's values, and reflects an optimistic and positive attitude
- Sound risk-assessment skills
- Proficiency in English language skills is mandatory; bilingualism is an asset.
- Clear Criminal Record Check, including Vulnerable Sector Screening



About CFS

Catholic Family Services of Simcoe County (CFS) is an accredited registered Canadian charity delivering inclusive counselling, psychotherapy, and psycho-educational wellness programming. CFS is a member of Family Service Ontario.

Our services are available to everyone living or working in Simcoe County and Muskoka, regardless of age, ability, cultural or religious background, race, sexual orientation, or gender identity.

A Workplace of Excellence

Our team is committed to ensuring everyone in our community has access to the highest standards of professional care. We are proud that our clients consistently rate their satisfaction with our services at more than 95%.

In a recent community consultation of our most engaged stakeholders (including staff), 91% gave us 4 or 5 stars (out of 5) for excellence in engagement.

As a member of our staff, you will benefit from:

- Family-friendly policies and flexible work arrangements
- A focus on employee well-being with paid staff appreciation and retreat days
- Vacation and paid sick-day entitlements well above industry average
- Annual budgets for paid professional development and education opportunities
- Defined Benefit pension and health plans similar to public sector plans

Interested?

If you're qualified and interested in joining our great team, we're interested in learning more about you.

Please submit cover letter and résumé by to: August 10, 2023

Catherine Cilia, Interim Clinical Manager

ccilia@cfssc.ca

We thank everyone for their application, however, only those selected for an interview will be contacted. Should you require accommodations at any step in the application process, please let us know.

Registered Charitable Number: 108090341 RR 0001