



Newcomer Counselling & Outreach Services

**Spark'd Newcomer Counselling & Outreach Services is a program of Catholic Family Services of Simcoe County. CFS is an accredited registered charity delivering inclusive counselling, psychotherapy, and psycho-education wellness programming.**

## **Counselling Services for Immigrants/Newcomers**

Spark'd counselling programs are uniquely equipped to serve people in Simcoe County who qualify as permanent residents, protected persons (formerly known as refugees), and Ukrainian Nationals with CUAET designations. Spark'd specializes in clinical counselling to culturally diverse clients with migration and culture-related issues.

Our clinical services are private, confidential, and offered at no cost to clients. Self-referrals are welcome. Services are offered directly in English, and in all other languages through interpretation.

## **Newcomer Outreach Services**

Our Newcomer Outreach Services are private, confidential, and offered at no cost to clients. Services are offered directly in English, Urdu, Hindi and Panjabi, and in other languages through interpretation.

## **Community Connection Support**

Spark'd helps newcomers and their families feel connected in Simcoe County through individualized support and community programming. Our Newcomer Outreach Worker supports newcomers, immigrants, and protected persons (formerly known as refugees) to connect to the community and support their overall emotional and social wellbeing.

## **International Student Support**

Spark'd helps international students make community connections. Students can connect with an ISS outreach worker if looking for new social groups and/or to connect with other local organizations. ISS is delivered in partnership with Mental Health & Well-being at Georgian College.

**For program details, eligibility criteria, and appointments, visit [cfssc.ca/Sparkd](http://cfssc.ca/Sparkd) or scan the QR code.**

**Spark'd services are provided at no cost to participants. Funding for this program is provided, in part, by:**

