

June 2022



Better With Age - (Free) Virtual Speaker Series

Click on the event names to register.



Brain Health - June 2, 10:00am-11:30am

Taryl Bougie is a Public Education Coordinator and Social Recreation Facilitator with the Alzheimer Society of Simcoe County. She has been working with the Alzheimer Society for 5 years, starting off as the Minds in Motion Coordinator and moving to the education role in 2021. Taryl has a strong passion for working with people living with dementia and their families to assist them in living their best lives.

Estate Planning - June 9, 10:00am-11:30am

Danisha Allen is a Financial Advisor with Edward Jones. Prior to her current role, she enjoyed a successful banking career for 10 years. She holds an MBA in Finance and Investments from Marywood University in Scranton, Pennsylvania. Danisha is passionate about helping people achieve their financial goals and believes that simplifying financial concepts is as important as the recommendations she makes.



Aging & Spirituality - June 16, 10:00am-11:30am

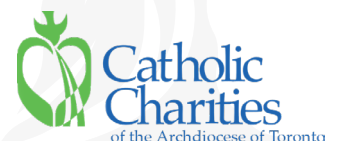
The Reverend Dr. William H. Willimon is Professor of the Practice of Christian Ministry at the Divinity School, Duke University. He served eight years as Bishop of the North Alabama Conference of The United Methodist Church, where he led the 157,000 Methodists and 792 pastors in North Alabama.

3rd Age Learning - June 30, 10:00am-11:30am

Emily Wolst is a graduate of the Master of Education program from the University of Ottawa. Through her coursework and research, she examined conceptualizations of education in diverse contexts, including the Age-Friendly University (AFU) designation in higher education. She has worked in community outreach for several years in a variety of settings, including in higher education, non-profit organizations, and public libraries.



**All adults are welcome to register.
Funding provided by**



cfssc.ca/MatureMinds