## Where we came from...

1979

Catholic Family Life Centre of Simcoe South opens.

1980

North Simcoe Catholic Family Life Centre opens.

1985-2004

Creation of highquality standard of professional clinical care. Accreditation achieved.

2008

CFSSC is created through the amalgamation of CFL Centres.

2009

Walk-in clinics open in Barrie and Midland.

2016

2020 **CFSSC** begins offering virtual services.

CFSSC begins delivering Partner Abuse Response (PAR) Program.

> **PAR** program

2015

Simcoe clinics recieve annualized Ministry of Health funding.

2014

Simcoe clinics receive multi-year funding from UWSM & CCAT.

2021

**CFSSC launches** the YouthCALL and MatureMinds programs.





2022

CFSSC launches the Spark'd program.



2023

- Online booking launches.
- CFSSC rebrands as CFS Counselling + Wellbeing



2024

- Walk-in counselling returns to CFS.
- Reaccreditation
- New strategic plan
- Youth outreach van launches.

## ...where we're going

#### CFS Strategic Plan: 2024-2029

CFS's long-term objective is to become the leader for access, innovation & services related to wellbeing across our region. This strategic plan focuses on building a Barrie service hub as our next priority in program development.



#### **Healthy Families**

#### **Objectives**

Create capacity to support healthy families.



#### **Changing Communities**

#### **Objectives**

Create capacity to support Newcomer well-being.



#### **Impact**

#### **Objectives**

Increase our impact through a continuum of services.



#### **Profile**

#### **Objectives**

Grow and diversify our funding through building our profile with funders and the community.

Charitable registration number: 1080903401 RR0001

# In 2024, CFS celebrates 45 years of service!





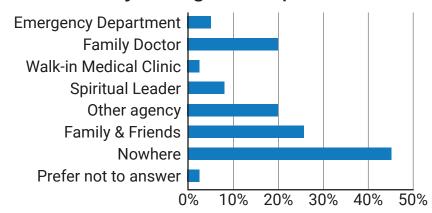
Accredited by

Canadian Centre for Accreditation



Right service. Right time.

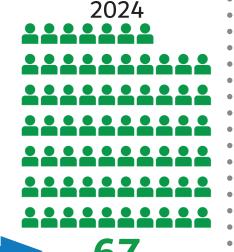
Where would you have gone for help if not for CFS?





2023

Ramping up CFS volunteerism.





of CFS counselling clinic clients reported increased hope.

of survey respondants said...

- · CFS staff respected their · they felt heard culture, background, spirituality, etc.
- · they felt welcomed and unjudged.
- they were satisfied with CFS services.
- they would recommend CFS services.

### The numbers add up.

3,647 unique CFS clients in 2023 (up from 2,713 in 2022)

11,061

CFS direct-service hours

engagements on the

YouthCALL Discord server.

anonymous MindSelf workshop participants